HDFS 1070

Individual and Family Development



Monday, Wednesday, Friday, 9:05 – 9:55 AM

ITEC 80



Professor: Dr. Eva S. Lefkowitz

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Office Phone: 860-486-5420

Office Address: 106 Family Studies Building **Office Hours:** Mondays, 10:00 – 11:00

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TA Office Hours: By appointment

Course description and objectives:

This course introduces majors and non-majors to the field of Human Development and Family Studies. It also serves as a General Education Content Area 2 course. This course provides an overview of individual and family development from birth through late adulthood. We will examine theories and research on understanding how individuals and families change throughout the life course.

The student who successfully completes this course will be able to:

- 1. Identify the major periods of the life course and describe key developmental changes and tasks associated with each period.
- 2. Explain how biological, psychological, interpersonal, and cultural factors impact human development and families.
- 3. Synthesize key premises of some of the most influential theories of human development across the life course.
- 4. Describe several historical and current trends in the study of human development.
- 5. Apply theories and concepts from the course to real life situations.

How to contact us:

The best way to contact us is by email. On weekdays, we will usually respond within 24 hours (longer on weekends). If it has been more than 72 hours, feel free to email again.

Your situation is:	You should:				
I can't remember when an assignment is due	Check your syllabus and HuskyCT				
I'm going to miss an assignment	No need to contact anyone. It				
	can be your dropped assignment				
An assignment I did is not showing up or I think my grade is wrong	Contact your TA				
I have an emergency and can't take the exam	Contact your TA				
I have a question about course material	Contact your TA				

• Contacting Dr. Lefkowitz: Feel free to contact Dr. Lefkowitz directly. Or even better, come to office hours! But if an email concerns one of the above areas, be aware that she will forward your message to the TA, and thus it will slow down the response time.

Course schedule

Week	Dates	Topic	Chapter/exam dates (all chapters due 11:59 PM!)
1	8/27-8/31	Introduction, key concepts, & theories	1: 8/30
2	9/5-9/7	Theories (cont'd) & research	
3	9/10-9/14	Reproduction & prenatal development	2 : 9/9
4	9/17-9/21	Birth & newborn development	3: 9/20
5	9/24-9/28	Infancy: Cognitive & social development	4 : 9/23 Exam 1: online, 9/28
6	10/1-10/5	Childhood: Cognitive & childcare	5 : 9/30 7 : 10/2
7	10/8-10/12	Childhood: Parenting, self & gender	6 : 10/7 8 : 10/9
8	10/15-10/19	Peers Adolescence overview	9 : 10/16
9	10/22-10/26	Adolescence: Puberty, identity, & intimacy	
10	10/29-11/2	Adolescence: Relationships, sexuality & problems	10 : 10/28 Exam 2: online, 11/2
11	11/5-11/9	Transition to adulthood	11 : 11/4
12	11/12-11/16	Career, marriage, & parenthood	12 : 11/14
13	11/19-11/23	NO CLASS THANKSGIVING BREAK	
14	11/26-11/30	Midlife: Physical & social	13 : 11/27 14 : 11/29
15	12/3-12/7	Late adulthood: Physical, cognitive, social, & emotional	15 : 12/2 16 : 12/4
F	12/10-12/16	Exam 3	17: 12/9 Exam 3 : Online, date TBD

Required Reading and LearnSmart

- You must purchase McGraw-Hill Education Connect® access for **Santrock**, *Essentials of Lifespan Development 5e*. You can purchase a Connect access code from the bookstore (which includes the ebook) for approximately \$93; some students can use financial aid in the store. You can also purchase Connect directly from McGraw-Hill during the login process (\$80; no financial aid accepted).
- You are not required to have a print text and please be aware if you purchase a used textbook you will still need to purchase Connect access.
- To get started, please follow the PowerPoint demonstrating how to log into Connect and synch it with the HuskyCT course. Note that for your grades to register correctly, you must **ALWAYS LOG IN THROUGH HUSKYCT**.
- Important: You must register in Connect even if you haven't purchased it yet. Connect offers COURTESY ACCESS, free access for approximately 14 days from the start of class. When you follow the registration steps outlined above you will be given the option of selecting COURTESY ACCESS so you can read the book and complete assignments. Please do this if you haven't purchased your materials yet, as this will ensure that you don't fall behind in class assignments.

• If you run into any problems using Connect, you must call McGraw-Hill's Customer Experience Group/CXG (aka Tech Support). They will give you a ticket number for the problem you reported. If you are not able to complete an assignment by its due date, or if you feel that you were given an incorrect score, we will be requesting the ticket number so that we can follow up with the publisher. Here is the contact information for McGraw-Hill CXG: Visit: www.mhhe.com/support Call: (800) 331-5094

Evaluation and grading

Your grade in this course depends on 4 things:

- 1. **Exams**: There will be 3 multiple choice exams. These will occur during regular class time (Exams 1 & 2) or finals exam time (Exam 3), but will be online through HuskyCT. They will be 50 minutes each.
- 2. **LearnSmart**: After you read each chapter in Connect, you will complete the LearnSmart practice, which contains questions about that chapter. There are 17 chapters and only 15 will count toward your grade; we will drop the 2 lowest scores. You can keep answering questions until you get 100%. You have access to all chapters at the start of the semester, so if you have busy weeks during the semester in other classes, you can read ahead to make the deadline. All LearnSmart chapters are due at 11:59 PM the day before we first discuss that chapter in class. We will not accept late assignments or make ups. If you added this course late, any assignments you missed will count toward your dropped chapters.
- 3. **Real world applications (RWAs)**: Throughout the semester, we will have online application questions on HuskyCT. Each RWA and its due date will be announced in class and via email. There will be 12 throughout the semester, about one per week, and we will only count 10 toward your grade. These questions are designed to help you think about how concepts learned in class apply to your own life. There will not be any makeups. If you added this course late, any assignments you missed will count toward your dropped RWAs.
- 4. In class activities (ICAs). We will have unannounced in class activities, often in groups, throughout the semester. There will be 12 and we will only count 10 toward your grade. These will take different forms, but generally are designed to demonstrate your ability to apply course material to new situations. There will not be any makeups. If you added this course late, any assignments you missed will count toward your dropped ICAs. If there is a chance you will miss more than two ICAs due to accommodations for a documented disability or as a student-athlete, you must meet with me before the end of the drop/add period (Monday, 9/10) to discuss your options.

Assignment	Points	Notes
3 Exams	360	120 points each
LearnSmart	120	Best 15 out of 17; 8 points each
Real world application (RWA)	60	Best 10 out of 12; 6 points each
In class activities	60	Best 10 out of 12; 6 points each
TOTAL	600	

Grade Distribution

		Α	558-600	Α-	540-557
B+	522-539	В	498-521	B-	480-497
C+	462-479	С	438-461	C-	420-437
D+	402-419	D	378-401	D-	360-377
		F	<360		

Student responsibilities

How to do well in this course:

- Attend class regularly and prepared to complete in class activities.
- Take clear notes during class. My slides serve as an outline but you need to take more detailed notes than what appears on the slide. The lectures compliment readings. In class we will clarify complex constructs, discuss applications of theories, and cover some topics not addressed in your readings. At the end of each week, take a few minutes to answer the lecture review questions on HuskyCT.
- Read the assigned chapter and complete the LearnSmart assignments. You should be able to earn 100% on every LearnSmart assignment.
- Complete the online real world application assignments. These assignments are designed to get you thinking about how course constructs apply to your own life.
- Trade e-mail and/or phone numbers with 2 people in the class to consult with if you miss class.
- Check HuskyCT frequently for updates and messages. You are responsible for seeing announcements and emails with updated information on assignments and class activities.
- Before each exam, neatly prepare a couple of pages of notes with key theories, definitions, and concepts from class. Write out/type answers to review questions. The exams are open book/open note, and timed, so having easy to access notes will improve your ability to answer quickly.
- If you ever have concerns about your grades, see the professor or TA as soon as possible. We will frequently update grades on HuskyCT so that you can know how you are doing. The sooner you see us, the more time we have to figure out what you could do differently, and the more time to improve. Do not wait until the semester is over and you are dissatisfied with your grade.

Distraction and technology

- Even in large lecture classes, you are not a passive recipient of information. By listening to lecture and taking good notes, you are an active participant and learn the material better. If you are attending to outside distractions, you are unlikely to master the material or be prepared for exams.
- Please turn off sound and vibration on all electronic devices. These are disruptive to classmates.
- We will have a distraction free zone. If you sit in this area, you are committing to using your laptop
 only for taking course notes and no other purposes, or not to use electronic devices at all. Students
 who wish to avoid distraction (whether committing to avoid getting distracted themselves or
 wishing to avoid being distracted by others' screens) should sit in this area.

Other course expectations:

- Arrive to class on time and do not leave early. Late arrivals and early departures are disruptive to classmates.
- Help to foster a classroom environment that is open to a range of ideas and beliefs. We do not all
 have to agree with each other, but we do need to respect others' beliefs, and avoid insults or
 derogatory comments.
- If you will miss an exam due to religious holidays or official university events, please tell us at the
 beginning of the semester. If you will miss an exam due to an unanticipated emergency, you must
 contact us **before** the missed exam. Emergencies include physical illnesses that prevent you from
 taking an exam, or death of a loved one. If you miss assignments (LearnSmart, real world
 applications, in class activities) for any of these reasons, the missed ones will count toward your
 dropped scores. Students should **NOT** attend class or any public gatherings while ill with influenza.

Final exam policies

Information about final exam dates, bunched finals, and what constitutes a valid reason to reschedule a final exam can be found at the Dean of Students' Final Exam FAQ's.

Student conduct code

Students are expected to conduct themselves in accordance with UConn's Student Conduct Code.

Academic integrity

Academic integrity is bidirectional – you expect your professor and TAs to provide clear guidelines, adequate information for assignments and exams, to treat all students equivalently, and to grade fairly. We expect you not to cheat or engage in misconduct.

Expectations specific to this course include that all exams will be done independently without consulting with others; that you will complete your own assignments; and that no one will put someone else's name on an in class assignment. Violations of these expectations will be addressed in line with UConn policies.

More generally, we expect all students to act in accordance with UConn's Guidelines for Academic Integrity, specified in the *quidelines for academic integrity*

Copyright and recording lectures

My lectures, notes, handouts, and assignments are protected by state common law and federal copyright law. They are my own original expression and I've recorded them prior to my lecture in order to ensure that I obtain copyright protection. Students may take notes in my class; however, this authorization extends only to making one set of notes for your own personal use and no other use. You are not authorized to record my lectures, copy a recording or any other material, to provide copies of your notes to anyone outside of class, or make a commercial use of them without prior permission from me. If you have a documented disability that requires recording of lectures, please see me the first day of class. Do you want 3 extra credit points? Email *your* TA (must email the correct one) a picture of a baby by 11:59 PM on Sept. 12.

Students with disabilities

The University of Connecticut is committed to protecting the rights of individuals with disabilities and assuring that the learning environment is accessible. If you anticipate or experience physical or academic barriers based on disability or pregnancy, please let us know immediately so that we can discuss options. Students who require accommodations should contact the Center for Students with Disabilities, Wilbur Cross Building Room 204, (860) 486-2020, or http://csd.uconn.edu/

Policy Against Discrimination, Harassment and Related Interpersonal Violence

The University is committed to maintaining an environment free of discrimination or discriminatory harassment directed toward any person or group within its community – students, employees, or visitors. Academic and professional excellence can flourish only when each member of our community is assured an atmosphere of mutual respect. All members of the University community are responsible for the maintenance of an academic and work environment in which people are free to learn and work without fear of discrimination or discriminatory harassment. In addition, inappropriate amorous relationships can undermine the University's mission when those in positions of authority abuse or appear to abuse their authority. To that end, and in accordance with federal and state law, the University prohibits discrimination and discriminatory harassment, as well as inappropriate amorous relationships, and such behavior will be met with appropriate disciplinary action, up to and including dismissal from the University. Additionally, to protect the campus community, all non-confidential University employees (including faculty) are required to report sexual assaults, intimate partner violence, and/or stalking involving a student that they witness or are told about to the Office of Institutional Equity. The University takes all reports with the utmost seriousness. Please be aware that while the information you provide will remain private, it will not be confidential and will be shared with University officials who can help. More information is available at equity.uconn.edu and titleix.uconn.edu.

NOTE: This syllabus is a working document and is subject to change. If changes are made, you will receive notice via HuskyCT mail and the revised version will appear on HuskyCT. Students are responsible for noting any changes.